

## Registration Form

Cost: \$110.00

Register by July 16<sup>th</sup>

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Current Grade Level: \_\_\_\_\_

School: \_\_\_\_\_

Shirt Size: S / M / L / XL / XXL

### Waiver Statement:

I fully understand that participation in any regard involving the Football Camp may involve the risk of injury. I hereby will agree to waive any claim against any person or institution that has involvement with this clinic for any injury or damages that may be suffered.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Payment: CC, Cash or Check (made payable to LaSalle Institute)

CC# \_\_\_\_\_

Exp: \_\_\_\_/\_\_\_\_ CVV: \_\_\_\_\_

*This page must be mailed in prior to registration for an accurate camp count.*

MAIL TO: Lasalle Institute  
Attn: John Audino 174 Williams Rd Troy,  
NY 12180

Walks-ins welcome

### CAMP DIRECTOR, John Audino:

John Audino has been a highly successful football coach for numerous Division I programs including being a highly successful Head Coach of Football in Division III for 42 years. Coach Audino was an Ivy League Assistant where he has served as the QB/WR/RB Coach along with Passing Game Coordinator at Columbia University and the University of Pennsylvania. While at Union College as the Offensive Coordinator, he helped lead Union to the National Championship game. John went on to become the Head Football Coach at Union where he won a school record of 152 games, numerous Liberty League and UCAA football titles. His teams appeared in the playoffs 11 times and won 5 ECAC championships. In addition, Coach Audino has coached at the University at Albany, University of Kentucky, and was the Head Coach at Kean University. Now, the Head Football Coach at LaSalle, Coach Audino has turned around the Cadet program. John has been a featured speaker at numerous State and National Clinics. His very successful camps at Union spanned a period of 25 years where he conducted various skill, team, position, prospect and passing camps.

### Contact Us:

**John J. Audino**

174 Williams Road

Troy, NY 12180

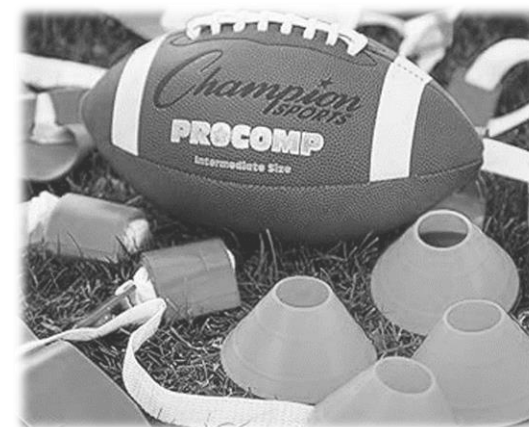
518.470.2602

info@audinocamps.com

[www.audinocamps.com](http://www.audinocamps.com)

# 2024 John Audino Football Camp

*Open to ALL Flag Position Players  
on Offense and Defense*



## Women's Flag Camp

*Grades entering 7 thru 12  
July 23-25: 6:30pm to 8:30pm*



### **Clinic Philosophy**

This is an individual all-position flag teaching camp. The camp will focus on the fundamentals and techniques of each position on offense and defense.

We will teach in great detail alignment, keys, position and group drills, along with position responsibilities on offense and defense.

In addition, there will be group work and individual work: offense v. defense, along with situational work which will culminate in 1 v. 1, group and team competition.

Thursday night will be highlighted by LIVE scrimmage games.

### **Camp Coaches**

Coaches will include former NFL athletes, college and high school coaches. Individualized teaching by college and high school coaches.

## **“Exceptional Experience in a State-of-the-Art Football Stadium”**

- Highest quality fieldturf (same as Gillette Stadium)
- LED lighting
- Outstanding football facility

**ALL PARTICIPANTS RECEIVE FREE CAMP T-SHIRT**

### **Teaching Concepts**

Stance – Alignments – Keys – Footwork – Responsibilities per Offense/Defense  
Position – Agility Drills

*\*All Flag Positions: Offense and Defense\**

- ✓ Offensive and Defensive skill techniques
- ✓ Offensive and Defensive Group work
- ✓ Offensive and Defensive Position Work
- ✓ Individual and group competition
- ✓ Team Offense vs. Team Defense



***\*10 to 1 player to coach ratio\****

### **What to Bring**

*Rain or shine clinic*

- Snack and Water
- Shorts/Jersey
- Cleats (sneakers if indoors)
- Mouthpiece (suggested)

### **Cost**

**Fee:** \$110 per player

**Payment:** CC, Cash or Check (made payable to LaSalle Institute) *Payment DUE at registration*

WALK UP REGISTRATION PERMITTED

**Registration:** July 23<sup>rd</sup>  
6:30pm

***\*Under the Lights\****

### **Practice Plan**

Tuesday: Flag Fundamentals & 1 on 1 position drills

Wednesday-Thursday: Group work/Games

Scrimmage Situations: Red Zone / GL



***Games on THURS night***